

Executive State (Prefrontal Lobe)

Where I learn...

I am Calm...

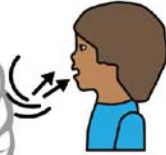
I am safe...



LEARNING



Take deep breath



Emotional State (Limbic System)

Things are changing...

I feel Crazy...

Nervous...

Survival State (Brain Stem)

I am not thinking...

Screaming...

Running...

Not sure if safe...

Want to scream...



Created by Primary Peanuts

<https://www.teacherspayteachers.com/Store/PrimaryPeanuts>

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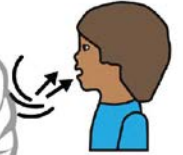
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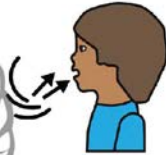
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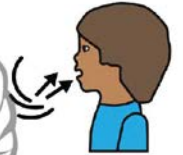
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